# ANTITHESIS MIND REALIGNMENT

Dawn Appel

Co Founder A.I.A MOTIVATION LLC With SPIRITUAL ALIGNESS Creator Of Antithesis Realignment

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'YOU ARE WHAT YOU BELIEVE'



## DAWN APPEL | SPIRITUAL ALIGNESS

- CBT SPECIALIST
- MIND REALIGNMENT MENTOR
- MASTER MANIFESTATION COACH
- CERTIFIED MOTIVATIONAL KEYNOTE SPEAKER
- PHILANTHROPIST / ENTREPRENEUR

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### WHAT IS ANTITHESIS MIND REALIGNMENT

ANTITHESIS MIND REALIGNMENT, RELEASES & RECONDITIONS YOUR HABITUAL PROGRAMMING (FROM PAST LIFE, CHILDHOOD, OR PRESENT LIFE) YOU WILL WITNESS MANY CHANGES FOLLOWING YOUR SESSION THAT SERVE YOUR HIGHER POWER.

WHEN YOU RECONDITION YOUR CONSCIOUSNESS IT AUTOMATICALLY PRECONDITIONS THE SUBCONSCIOUS. LEAVING YOU

FEELING FREE OF ALL THE DOUBT, TRAUMA & STRESS & REPLACING FEELINGS WITH LOVE, HEALTH, HAPPINESS, ACCEPTANCE, CONFIDENCE & SUCCESS.

OUR SUBCONSCIOUS MIND PLAYS A MAJOR ROLE IN SHAPING OUR BELIEFS, EMOTIONS & BEHAVIORS, OFTEN WITHOUT OUR CONSCIOUS AWARENESS. OVER TIME, ADVERSE THOUGHT PATTERNS & HABITUAL PROGRAMMING UNFAVORABLY BECOME DEEPLY INGRAINED, BEING THE MAIN CAUSE FOR HOLDING US BACK FROM REACHING OUR FULL POTENTIAL. A MIND REALIGNMENT SPECIALIST IS A PROFESSIONAL WHO CAN TEACH YOU TO LIVE IN A CONSTANT STATE OF AWARENESS & GUIDE YOU TO IDENTIFY & RECONDITION THESE SUBCONSCIOUS PATTERNS. THE SPIRITUAL ALIGNESS USES TECHNIQUES SUCH AS ANTITHESIS REALIGNMENT, SELF PROGRAMMING & DEEP STATE REALIGNMENT WHICH DEVELOPS NEW AFFIRMING PERCEPTIONS

THE FOLLOWING PAGE LISTS BENEFITS FOR BOOKING A MIND REALIGNMENT SPECIALIST & MASTER MANIFESTATION COACH.

DISCLAIMER: IT IS IMPORTANT TO NOTE THAT DEEP STATE REALIGNMENT WILL PROVIDE VALUABLE INSIGHT INTO LIVING A HEALTHIER, LOVING, SUCCESSFUL, CONTROLLED & HAPPIER LIFE, BUT IT IS IMPERATIVE THAT YOU CONTINUE WITH THE PRACTICE UNTIL YOU FEEL IT HAS BECOME A PERMANENT FEELING WITHIN YOUR MIND & BODY.

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### WHO IS THE SPIRITUAL ALIGNESS

DAWN IS THE ONLY SPIRITUAL ALIGNESS IN THE WORLD. HERE TO TEACH & EMPOWER YOU & MAKE YOU AWARE THAT YOU ARE WHAT YOU BELIEVE.

SINCE EARLY 2011 SHE STUDIED MIND REALIGNMENT, COGNITIVE BEHAVIOR & DEEP STATE MEDITATION, SHE WENT ON TO COMPLETELY RECONFIGURE HER FREQUENCIES & EMOTIONS USING HER OWN TECHNIQUES CALLED ANTITHESIS & DEEP STATE REALIGNMENT NOW A PROFESSIONAL MIND REALIGNMENT MENTOR, MANIFESTATION COACH & CERTIFIED MOTIVATIONAL SPEAKER SHE GUIDES & EXPLAINS THAT, THE PIECES TO YOUR PUZZLE & YOUR COORDINATES TO RESULTS YOU WOULD LLIKE TO SEE ARE ALL **INSIDE YOU!** 

TEACHING YOU HOW TO MASTER THE ART OF MANIFESTING EVERYTHING INTO EXISTENCE BY EMBRACING A NATURAL FUNDAMENTAL PARADIGM KNOWN AS ENERGY & CONTROL USING THE ANTITHESIS REALIGNMENT TECHNIQUE...

IN ORDER EMPOWER FEELINGS OF HEALTH, LOVE, SUCCESS & HAPPINESS, YOU MUST BE PREPARED TO RELEASE LIMITING BELIEFS & PRE-CONDITIONED HABITS WHICH INFLUENCE BEHAVIORS & EMOTIONS. DEEP STATE & ANTITHESIS REALIGNMENT SHAPES YOUR BEHAVIOR, EMOTIONAL EXPERIENCES & HOW TO REACT & RESPOND TO SITUATIONS, LEAVING YOU IN COMPLETE CONTROL OF HOW YOU THINK, ACT & FEEL.

ATTRACTION | INTENTION | ASSUMPTION

ONCE YOU AWARE OF WHAT YOU ARE ORDERING/MANIFESTING, YOU'LL REALIZE THAT EVERYTHING YOU THINK, FEEL & SAY IS EXACTLY WHAT YOU ARE REQUESTING & ORDERING TO SHOW UP INTO YOUR LIFE. ITS TIME TO REALIGN YOUR PRE CONDITIONED MINDSET.

ALL SESSIONS WITH DAWN APPEL / SPIRITUAL ALIGNESS ARE 100% PRIVATE & CONFIDENTIAL.

### WHAT CHANGES WILL YOU WITNESS

• YOUR LIFE WILL CHANGE • YOU WILL FEEL EMOTIONALLY IN CONTROL • SELF AWARENESS & VALUE • YOU WILL BE AWARE OF WHAT YOU ARE ATTRACTING IN FOR YOURSELF

• YOU WILL BE SURROUNDED BY SUPPORTIVE PEOPLE • SELF-WORTH & RESPECT WILL IMPROVE

• YOUR MENTAL/PHYSICAL HEALTH WILL INCREASE • YOUR LOVE LIFE/AWARENESS WILL DEVELOP • YOUR ENERGETIC FREQUENCY WILL ACCELERATE. • YOUR INTENTIONS & FOCUS REDIRECT

• SELF ACCEPTANCE & APPRECIATION WILL BECOME NATURAL • YOUR PROSPERITY & VALUE WILL MULTIPLY

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# DURING YOUR SESSIONS WE

RELEASE Pain, Conflict, Habitual Programming, Trauma & Sadness RECONDITION Conscious way of feeling & thinking

2

ATTRACTION | INTENTION | ASSUM

PRECONDITION The Subconscious programming & reactions

PTION

## YOU ARE WHAT YOU BELIEVE

LOVE, SUCCESS, HEALTH, SUPPORT, ACCEPTANCE, STRENGTH, TRUST, SECURITY, PROSPERITY, INTENTIONS, GRATITUDE, ABUNDANCE, ADVENTURE, ROMANCE, APPRECIATION, WEALTH, PEACE & HAPPINESS

### WHAT ARE YOU MANIFESTING? ATTRACTION | INTENTION | ASSUMPTION **BOOK YOUR SESSIONS**

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### LETS MANIFEST